



Mental Health Nursing

Mental health nurses, also known as psychiatric nurses, work with people who are experiencing mental health challenges. Mental health nurses work with the person to empower them in a way that promotes recovery, independence, and self-care.

At the heart of mental health nursing is the development of an empowering therapeutic relationship and this may be done in partnership with the person's family and supporters. The mental health nurse journeys with the person and their family facilitating them to find hope, control and opportunity on their recovery journey. Mental health nurses promote the concept of health and wellbeing in both community services and in a hospital environment.

Mental health nurses work as part of a team that includes doctors, social workers, therapists and psychiatrists. They work in a range of settings, including community, addiction services, prison services, Child and Adolescent Mental Health Services (CAMHS) and hospitals.

The four-year degree course will provide you with the knowledge, skills and attitudes to meet the needs of the person and their family in an individualised, empowering and culturally sensitive manner. The shift patterns can be very flexible; you can work short or long days, nights or weekends or a combination of all of these.

Once qualified, mental health nurses can diversify and progress their career through continued study at graduate level. This can lead to a career in management, clinical specialist practice, advanced practice, clinical research or teaching at clinical or university level.

Mental health nursing could be the career you are waiting for!

College courses in Mental Health Nursing

Course title	College/University
BSc (Hons) Mental Health Nursing	Atlantic Technological University, Donegal
BSc (Hons) Psychiatric Nursing	Atlantic Technological University, Galway-Mayo
BSc in Nursing (Mental Health)	Dublin City University
BSc (Hons) Mental Health Nursing	Dundalk Institute of Technology
BSc (Hons) Mental Health Nursing	Munster Technological University
BSc (Hons) Psychiatric Nursing	South East Technological University
BSc (Hons) in Mental Health Nursing	Technological University of the Shannon
BSc Mental Health Nursing	Trinity College Dublin
BSc Mental Health Nursing	University College Cork
BSc Mental Health Nursing	University College Dublin
BSc (Hons) Mental Health Nursing	University of Galway
BSc Mental Health Nursing	University of Limerick

About the degree

4 years duration

50% theory based in college/university

50% practice placement in healthcare service

Final year internship – paid placement

On successful completion – registration (licence to practise)

Begin work as a Psychiatric/Mental Health Nurse



Bord Altranaís agus
Cnáimhseachais na hÉireann
Nursing and Midwifery
Board of Ireland