



FtP Emotional Support Service (1800 849 163)

What is the FtP Careline?



The Nursing and Midwifery Board of Ireland (NMBI) has commissioned CiC, a leading Employee Assistance Programme provider, to provide an Emotional Support Service to NMBI registrants and witnesses during the Fitness to Practice (FtP) process.



NMBI understands that the FtP process can be a worrying and stressful time for individuals concerned. Concerns could be about the ongoing NMBI investigation and hearing or about the events that gave rise to the referral.



The FtP Careline is a freephone service, available 24/7, that enables those involved to speak with a qualified counsellor about how any aspect of the FtP procedure is making them feel. CiC will not share any information with the NMBI.



The counsellor's focus is on providing the caller with the best possible emotional support, help and practical advice.

Who is it for?



Any nurse, midwife, nursing associate or witness going through the FtP process.



Any NMBI employee who may be adversely affected by a case or contact with a registrant.

Three ways to access the Careline:

- 1 Self-referral:** Use the Freephone number (1800 849 163) to call CiC directly if you would like to speak to a counsellor.
- 2 Managed referral:** If you think someone would benefit from speaking with a counsellor about the FtP process, with the person's consent, call CiC and they will arrange to call them back.
- 3 Warm transfer:** If you have someone on the phone who needs immediate emotional support, you can make a warm transfer to CiC.

Those outside of Republic of Ireland:

+44 1214350089

*local charges will apply

cicwellbeing.com

